

The Encephalitis Society

Founded in 1994, the Society has steadily grown from a small group to a national charity, with international recognition and worldwide links.

- We are the only resource of our kind in the world providing a dedicated evidence based service to people affected by encephalitis and their loved ones
- We provide a telephone information line: Monday to Friday 9am to 5pm. Answerphone outside these hours
- We have a range of information materials including books, DVD, leaflets and factsheets
- We offer a dedicated direct support service via telephone, letter, e-mail and, on occasion, outreach visiting
- We provide a range of opportunities to get together including an Annual meeting, Retreat weekend, Children and Family breaks
- We send out a regular Newsletter with news and information on developments in Encephalitis, it's consequences and treatments
- An expert Professional Panel contributes to the strategy of the Society, particularly with regard to the production of evidence based information and research
- Our web site, www.encephalitis.info offers access to a wide range of up to date information on the condition, its consequences, treatment and rehabilitation
- The Society is managed by a Board of Directors, the majority of whom have been personally affected, or have a direct professional interest in encephalitis
- We contribute to ongoing research in the field either by the funding of, the support of, or conducting research to further understand the causes and consequences of encephalitis.

action for support, awareness and research

Our Aim

To improve the quality of life of all people affected directly and indirectly by encephalitis.

- **Supporting** individuals, both adults and children, and families of people affected by encephalitis; and promoting better services.
- **Raising awareness** about the condition and its subsequent problems - among relevant professionals, statutory agencies and the general public.
- **Promoting research** into encephalitis.



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The Encephalitis Society
7B Saville Street
MALTON
North Yorkshire
YO17 7LL

Information: 01653 699 599
Administration: 01653 692 583
Fax: 01653 604 369
Email: mail@encephalitis.info
Web site: www.encephalitis.info

The Encephalitis Society is the operating name of the Encephalitis Support Group, which is a Registered Charity and Company Limited by Guarantee
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Fact File

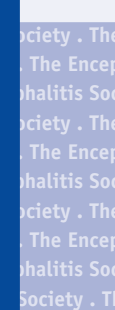
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 **FACT**

Encephalitis is inflammation of the brain.

 **FACT**

Inflammation is usually caused by infection or auto-immune response to infection.

 **FACT**

Approximately 4,000 people are estimated to become ill with encephalitis in the UK each year.

 **FACT**

Anyone can become ill with encephalitis, at any age.

 **FACT**

The inflammation can damage nerve cells resulting in “acquired brain injury”.

 **FACT**

Compared to other infectious diseases, encephalitis has a high mortality rate.

Possible after-effects

There will be a wide variation in exactly how encephalitis affects the person in the long-term.

Physical problems may include clumsiness or weakness down one side of the body; loss of sensations and control of bodily functions and movement. Fatigue, epilepsy and pain may also feature following encephalitis.

Cognitive problems may include difficulties with memory, concentration, attention, understanding and expression.

Emotional and behavioural difficulties may include mood swings, anxiety, depression, obsessive behaviours, anger & aggression, as well as disinhibited or socially challenging behaviour.

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Further Information

I AM:

A person affected by encephalitis

A family member / friend

A professional

A well wisher

Please send me:

An information pack

A publications list

A Fundraising pack

A donations form

Please return to:
Encephalitis Resource Centre,
7b Saville Street, Malton,
North Yorkshire YO17 7LL

